

Health & Wellbeing


Support and Signposting



Name	Contact links/ details	Information
SDS Learning Portal	click here to access New users click here and use the one time invite code 52z44M	The School Development Service Learning Portal offers ongoing support to schools and has a dedicated section of content designed to support wellbeing for all in the school community.
EA HealthWell Hub	Click here to view	An interactive website which provides EA employees with support, education and information on a wide range of topics as a way of improving their overall health and wellbeing.
EA HealthWell Programme	Click here to view	The all staff health and wellbeing programme which supports the EA Health and Wellbeing Strategy 2019-2022.
EA Health and Wellbeing Team	healthandwellbeing@eani.org.uk	EA in-house team dedicated to supporting the health and wellbeing needs of schools and services. https://www.eani.org.uk/ea-staff-hub/hr-online/health-wellbeing
Disability Employment Support Service (DESS)	equality.unit@eani.org.uk	This team provides advice on reasonable adjustments in the work supporting, in particular, colleagues who have, or who acquire a disability.
EA's Health & Wellbeing Champions	Click here to view If you are interested in joining or hearing more about the Health & Wellbeing Champion Network please contact Aoife O'Neill on aoife.oneill@eani.org.uk	A network of Health and Wellbeing Champions has been formed and will be further developed and supported so that individuals can get involved in driving wellbeing forward for themselves and their colleagues throughout EA.
EA's Mental Health First Aiders	Click here to view If you are interested in joining or hearing more about the network please contact Anne Rath on anne.rath@eani.org.uk	The EA currently have 103 staff on our Mental Health First Aider network. The Mental Health First Aiders are based in a range of locations and Directorates across the EA to offer workplace support for anyone who is going through some form of mental health issue.
Key Policies and Procedures linked to staff support	Click here to view	All company support orientated policies and procedures in one place.
EA HealthWell Encyclopaedia	Click here to view	An A to Z of support based on health conditions and support available.

"A healthy Education Authority where, together, we work, develop and support each other within a culture of health and wellbeing"

External Partnerships

Name & Contact	Information
<p>Inspire Counselling Service Click here to view Tel: 0808 800 0002 Inspire online Hub access Inspire Hub</p>	<p>Inspire Workplaces is a leading provider of workplace wellbeing solutions, delivering mental health and wellbeing support to some of the UK and Ireland's leading private, public and third sector organisations.</p>  <p>Information video https://bit.ly/2Ycr6sE</p>
<p>Occupational Health Service Email: peopleservices@eani.org.uk</p>	<p>Independent specialist medical advice to support staff health, wellbeing and attendance. Advice can be obtained from your HR, People Services.</p>
<p>Employers for Disability NI Web: https://efdni.org/ Tel: 07811267688</p>	<p>EFDNI offer free advice to staff and managers to support staff with disabilities in the workplace</p>
<p>Health Trusts (links)</p> <ul style="list-style-type: none"> • South Eastern Health and Social Care Trust • Belfast Health and Social Care Trust • Northern Health and Social Care Trust • Western Health and Social Care Trust • Southern Health and Social Care Trust 	<p>Directory of services from A to Z for each Trust region.</p> <p>Link links to view</p> 