



A cash plan to help you stay healthy

Having HSF health plan via your employer provides you and your family with cover for your primary medical expenses

Make the most of over 30 great benefits including:

- Dental (including cosmetic dentistry)
- Optical (including glasses, contact lenses and eye laser treatment)
- Birth and Adoption Grants
- Payments if off work through injury (up to 52 weeks after 30 days)
- Practitioners (including chiropody & physiotherapy)
- Hospital Admissions
- HSF Assist® providing a range of services including:
 - GP Advice Line & Virtual Doctor
 - Counselling, medical Information and a legal helplines
- HSF Perkbox: money saving offers on gym memberships, cinema tickets and more
- Partner and children* covered at no extra cost
- Premiums are paid through payroll deduction and are not age or claims related

For full product details, rules and qualifying periods please refer to the brochure.

For more information, call or text your HSF Account Executive

Nicola Sheerin
+353 (0) 87 755 5966
or email nicola.sheerin@hsf.ie

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*Any dependent children under age 18 and living at the same address as you.

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Benefits summary

Spouse/Partner and dependent children (under 18) living at the same address as you, are covered at no extra cost.

Corporate Schemes	Primary Schemes					Extra Cover Schemes			
	100 £4.33 a month	2 £10.62 a month	3 £15.82 a month	4 £21.02 a month	5 £27.08 a month	A £31.42 a month	B £43.33 a month	C £52 a month	D £67.17 a month
	Dental and Optical								
	£50	£100	£200	£275	£350	£400	£550	£700	£850
	50% cover					100% cover			
	Practitioner: Physiotherapy, Osteopathy, Chiropractic, Acupuncture, Homeopathy, Chiropody/Podiatry								
	£100	£200	£300	£400	£500	£600	£800	£1,000	£1,200
	50% cover					100% cover			
	Specialist and Investigations – Including Allergy Testing and Health Screening								
	£200	£400	£600	£700	£800	£1,200	£1,400	£1,600	£1,800
	50% cover					100% cover			
	Birth Grant / Adoption Grant (per child)								
	£100	£200	£300	£400	£500	£600	£800	£1,000	£1,200
	Hospital: General and Hospice, Accident, Elderly and Mental Illness (Amounts per night up to a maximum of 40 nights)								
	£16	£32	£50	£66	£80	£75	£100	£120	£150
	Recuperation – Grant after 7 nights Or after 15 nights								
	After 7 nights £40	£80	£100	£120	£150	£150	£180	£225	£300
	Or after 15 nights £60	£120	£150	£170	£200	£225	£255	£300	£360
	Day Case Surgery and Treatment (Amounts per day up to a maximum of 8 occasions)								
	£16	£32	£50	£66	£80	£75	£100	£120	£150
	Home Care Assistants and Home Help								
	£125	£250	£375	£500	£625	£750	£1,000	£1,250	£1,500
	50% cover					100% cover			
	Personal Accident – Including Dental Trauma								
Permanent Disability – up to	£5,000	£7,500	£10,000	£12,500	£15,000	£20,000	£25,000	£30,000	£40,000
Accidental Death	£2,500	£3,750	£5,000	£6,250	£7,500	£10,000	£12,500	£15,000	£20,000
Temporary Disability	Not Included	Not Included	£30 per week	£40 per week	£50 per week	£60 per week	£90 per week	£120 per week	£170 per week
Fracture – up to maximum per accident	Not Included	Not Included	£375	£575	£775	£950	£1,450	£1,950	£2,450
Facial Disfigurement – up to maximum	Not Included	Not Included	£600	£900	£1,200	£1,500	£2,300	£3,100	£3,900
Dental Trauma	£250	£375	£500	£625	£750	£1,000	£1,250	£1,500	£2,000
	HSF Assist[®] - Available on all schemes								
	GP Advice Line, Virtual Doctor, Counselling Service, Medical Information and Legal Advice.								
	HSF Perkbox - Available on all schemes - web based service only								
	Money saving offers, discounted gym memberships, special priced cinema tickets, everyday shopping discounts and much more. Internet connection and email required for access.								