



Connections Link Life Suicide Prevention Awareness



We are delighted to be able to offer Suicide Prevention Awareness training to all adults (over 18) living or working in Northern Ireland in 2021.



This is suitable for those seeking:

- a greater understanding of mental health and suicide
- The confidence to intervene with people experiencing emotional distress suicide
- To cultivate resilience through emotional health practices and self-care.

Book your free place by clicking the links below

*Visit our web site here for more information on the course
or to find links to support services*



Social & Health
Care Professionals



Community &
Voluntary Sector



Sport Clubs



Workplace



Schools, Universities
& College



Military



Church / Faith
Groups



Groups, Parents
& Families

April 2021

- Monday 19th April 2021 6.15pm – 9.30pm
- Tuesday 20th April 6.15pm – 9.30pm
- Thursday 22nd April 9.15am – 12.30pm
- Thursday 22nd April 1.15pm – 4.30pm
- Monday 26th April 9.15am – 12.30pm
- Monday 26th April 1.15pm – 4.30pm
- Thursday 29th April 1.15pm – 4.30pm
- Friday 30th April 9.15am – 12.30pm



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May 2021

- Monday 17th May 9.15am – 12.30pm
- Monday 17th May 1.15pm – 4.30pm
- Monday 17th May 6.15pm – 9.30pm
- Tuesday 18th May 6.15pm – 9.30pm
- Wednesday 19th May 6.15pm – 9.30pm
- Thursday 20th May 9.15am – 12.30pm
- Thursday 20th May 1.15pm – 4.30pm
- Friday 21st May 9.15am – 12.30pm

June 2021

- Monday 14th June 9.15am – 12.30pm
- Monday 14th June 1.15pm – 4.30pm
- Monday 14th June 6.15pm – 9.30pm
- Tuesday 15th June 6.15pm – 9.30pm
- Wednesday 16th June 6.15pm – 9.30pm
- Thursday 17th June 9.15am – 12.30pm
- Thursday 17th June 1.15pm – 4.30pm
- Friday 18th June 9.15am – 12.30pm